WEEK BEGINNING

Vegetables in season

Prepared on site

MENU TWO

13th January 2020 - 19th January 2020

PLEASE NOTE THAT ALL CHOICES MAY NOT BE AVAILABLE TO LAST SITTING BUT THERE WILL ALWAYS BE

TWO HOT OPTIONS AVAILABLE AND ACCESS TO SECOND HELPINGS

DAY	BREAKFAST	LUNCH	DINNER
	Porridge	Sweet and Sour Quorn Dippers	Chilli Con Carne
	Continental	Roast Pepper and Tomato Pasta Bake	Frankfurter Hotdogs and Onion & Roll
	Breakfast	Salad Bar	Vegetarian Hotdog
	Sausages	Sweetcorn / Green Beans	Salad Bar
MONDAY	Hash Browns	Rice New Potatoes	Corn on the cob/Mixed Salad
	Poached Egg		French Fries/Rice
	Hot Rolls/Toast		
	Marmalade	Jam Sponge & Custard	Churros & Ice Cream
	Tea / Coffee	Fresh Fruit / Yoghurts / Cheese and Biscuits	Fresh Fruit / Yoghurts / Cheese and Biscuits
TUESDAY	Yoghurt & Granola	Gammon Steak with Honey & Mustard	Sausage Rolls
	Continental	Pasta & Sauce-Tomato or 3 Cheese Sauce	Roasted Salmon & Café Du Paris Butter
	Breakfast	Stuffed Mushrooms	Sweet corn Fritters
	Bacon	Salad Bar	Salad Bar
	Boiled Eggs	Roasted Vegetables	Baked Beans /Peas
	Baked Beans	Saute Potatoes / New Potatoes	Fries / New Potatoes
	Hot Rolls/Toast		
	Marmalade	Fresh Fruit Salad and Cream	Arctic Roll
	Tea / Coffee	Fresh Fruit / Yoghurts / Cheese and Biscuits	Fresh Fruit / Yoghurts / Cheese and Biscuits
	Porridge	Chicken Stir Fry	Beef Jalfrezi
	Continental	Pasta & Sauce-Tomato Sauce	Sweet & Sticky Chicken
	Breakfast	Vegetable Stir Fry	Vegetable Curry
	Bacon	Salad Bar	Salad Bar
		Salau Dai	Salau Dai
	Scrambled Egg	One on Beauty (Balan One)	Disa/Daita (Marana Okutaan
	Spaghetti Hoops	Green Beans/ Baby Corn	Rice/ Raita / Mango Chutney
	Cinnamon Swirls		Naan / Peas / Buttered New Potatoes
	Hot Rolls/Toast		
	Marmalade	Bakewell Tart and Custard	Mango sorbet
THURSDAY	Tea / Coffee	Fresh Fruit / Yoghurts / Cheese and Biscuits	Fresh Fruit / Yoghurts / Cheese and Biscuits
	Yoghurt & Granola	MeatLoaf	Roast Pork and Apple Sauce
	Continental	Creamy Tomato pasta bake	Chicken & Mushroom Slice & Gravy
	Breakfast	Vegetable Pasta	Lentil and Vegetable Crumble
	Sausages/ Kippers	Salad Bar	Salad Bar
	Mushrooms		Romanescu/ Leeks
	Poached Eggs	Mixed Salad/Mixed Vegetables	Roast Potatoes/ New Potatoes
	Hot Rolls/Toast	Mashed Potatoes	
	Marmalade	Chocolate Fudge Cake	Apple Crumble & Custard
	Tea / Coffee	Fresh Fruit / Yoghurts / Cheese and Biscuits	Fresh Fruit / Yoghurts / Cheese and Biscuits
	Porridge	Lasagne	Piri Piri Chicken
	Continental	Basil, Chorizo and Garlic Pasta	BBQ Chicken Thighs
FRIDAY	Breakfast	Vegetable Lasagne	BBQ Quorn with Vegetables
	Bacon	Salad Bar	
	Fried Eggs	Peas / Mixed Salad	Coleslaw/ Corn on the Cob
	Grilled Tomatoes	New Potatoes	Chips/New Potatoes
	Sweet Waffles & Toppings		
	Marmalade	Caramel Shortbread	Fresh Fruit Salad
	Tea / Coffee	Fresh Fruit / Yoghurts / Cheese and Biscuits	Fresh Fruit / Yoghurts / Cheese and Biscuits
SATURDAY	Porridge	Ciabatta Pizza	Build Your Own Burger Evening
	Continental	Pasta in 3 Cheese Sauce	BeefBurger plus Bap
	Breakfast	Vegetable Pasta	Cheese Slice Bacon, Fried Onions, Sliced Tomatoes
	Bacon	Salad Bar	Cheese Slice Bacon, Fried Onions, Sliced Tomatoes Dill Pickle & Sauces
	Scrambled Egg	Sweetcorn/ Coleslaw	Dill Fickle & Sauces
			Franch Fried Missel Oaled
	Bagels Het Polls/Teast	Herby Dice / New Potatoes	French Fries, Mixed Salad
	Hot Rolls/Toast	Fruit Jally	
	Marmalade	Fruit Jelly	Doughnuts, Fresh fruit
SUNDAY	Tea / Coffee	Fresh Fruit / Yoghurts / Cheese and Biscuits	Assorted Drinks
		BRUNCH	Dirty Chips
		Bacon, Sausages, Black Pudding	Chilli, Donner Meat, Curry Sauce
		Tinned Plum Tomatoes, Baked Beans	Baked Beans/ Cheese/ Bacon Bits
	House Breakfasts	Poached, Scrambled Eggs	Jacket Potatoes
		French Toast, Hash Browns	
		Toast, Croissants, Cinnamon Buns	
		Melon, Grapefruit, Fruit Salad	Assorted Muffins