

WEEK BEGINNING

Vegetables in season

Prepared on site

MENU ONE

PLEASE NOTE THAT ALL CHOICES MAY NOT BE AVAILABLE TO LAST SITTING BUT THERE WILL ALWAYS BE

TWO HOT OPTIONS AVAILABLE AND ACCESS TO SECOND HELPINGS

DAY	BREAKFAST	LUNCH	DINNER
MONDAY	Porridge	Chilli Con Carne	Chinese Spare Ribs
	Continental	Macaroni Cheese	Chicken Korma
	Breakfast	Roasted Veg & Tofu with BBQ Sauce	Vegetable Korma
	Bacon	Salad Bar	Salad Bar
	Fried Eggs	New Potatoes / Rice	Sauteed Mushrooms/ Peas
	Grilled Tomatoes	Peas/Sweetcorn	Pilau Rice/New Potatoes
	Hot Rolls/Toast
Preserves	Apple & Raspberry Crumble and Custard	Belgian Waffles and Icecream	
Tea / Coffee	Fresh Fruit / Yoghurts / Cheese and Biscuits	Fresh Fruit / Yoghurts / Cheese and Biscuits	
TUESDAY	Yoghurt & Granola	Tray Bake Pizza	Spicy Beef Koftas
	Continental	Pasta & Sauce-Tomato or Salsa Verde	Shawarma Kebab (K/M)
	Breakfast	Vegetarian Pizza	Halloumi & Pepper Kebab
	Bacon	Salad Bar	Salad Bar
	Boiled Eggs	New Potato Salad/Coleslaw/Cous-Cous	Pitta Bread/ Thin Fries
	Mixed Salad	Coleslaw/Mixed Salad/New Potatoes

Toast	Chocolate Bread & Butter Pudding & Choc Custard	Fruit in Jelly	
Preserves	Fresh Fruit / Yoghurts / Cheese and Biscuits	Fresh Fruit / Yoghurts / Cheese and Biscuits	
Tea / Coffee	Fresh Fruit / Yoghurts / Cheese and Biscuits	Fresh Fruit / Yoghurts / Cheese and Biscuits	
WEDNESDAY	Porridge	Roast Chicken and Stuffing	Pasta Carbonara
	Continental	Tomato and Veg Pasta Bake	Beef Stroganoff
	Breakfast	Quorn & Stuffing Stack	Vegetable Stroganoff
	Sausage	Salad Bar	Salad Bar
	Scrambled Egg	Savoy Cabbage / Carrots	Peas/Cauliflower
	Bagels	Roast Potatoes / New Potatoes	Rice/ Herby Diced Potatoes

Toast	Gingerbread & Custard	Cornflake Tart & Custard	
Preserves	Fresh Fruit / Yoghurts / Cheese and Biscuits	Fresh Fruit / Yoghurts / Cheese and Biscuits	
Tea / Coffee	Fresh Fruit / Yoghurts / Cheese and Biscuits	Fresh Fruit / Yoghurts / Cheese and Biscuits	
THURSDAY	Yoghurt & Granola	Battered Fish, Tartar Sauce & Tomato Sauce	Caribbean Jerk Chicken Fillets
	Breakfast	Pasta & Tomato Sauce	Paella
	Roasted Tomatoes	Vegetable Nuggets	Vegetable Kiev
	English Muffins	Salad Bar	Salad Bar
	Flat Mushrooms	Mushy Peas / Baked Beans	Corn on the cob/Green Beans
	Poached Eggs	Chips / New Potatoes	Curley Fries/New Potatoes
	Pancake Bar
Preserves	Strawberry Cheesecake	Tinned Peaches & Ice Cream	
Tea / Coffee	Fresh Fruit / Yoghurts / Cheese and Biscuits	Fresh Fruit / Yoghurts / Cheese and Biscuits	
FRIDAY	Porridge	Cottage Pie	Toad in the Hole
	Continental	Ham Cheese and Pasta Bake	Salmon Fillet & Mango Salsa
	Breakfast	Veggie mince & vegetable Shepherds Pie	Vegi Toad in the Hole
	Bacon	Salad Bar	Salad Bar
	Boiled Eggs	Carrots / Roast Leeks	Sweetcorn/Broccoli
	Croissants	New Potatoes	Mashed Potato/New Potatoes
	Hot Rolls/Toast
Marmalade	Chocolate Sponge and Chocolate Sauce	Fruit Crumble & Custard	
Tea / Coffee	Fresh Fruit / Yoghurts / Cheese and Biscuits	Fresh Fruit / Yoghurts / Cheese and Biscuits	
SATURDAY	Smoothie	Pork Chop	Take Away Chicken
	Continental	Bolognese Pasta Bake	Spicy Chicken Wings
	Breakfast	Vegetable Sausages and Onions	Breaded Chicken Burger Fillet & Bun
	Bacon	Salad Bar	Battered Chicken Chunks
	Eggy Bread	Cabbage / Roasted Courgettes	Coleslaw
	Spaghetti Hoops	Mashed Potatoes / New Potatoes	Chips
	Hot Rolls/Toast
Marmalade	Jam Tart and Cream	Ice Cream	
Tea / Coffee	Fresh Fruit / Yoghurts / Cheese and Biscuits	Fresh Fruit / Yoghurts	
SUNDAY	House Breakfasts	Brunch	Quiche Lorraine
	Bacon, Sausages, Black Pudding	Sausage Rolls
	Grilled Tomatoes, Baked Beans	(V) Vegetable Sausage Roll or Quiche
	Fried, Scrambled Eggs	Lamb's lettuce Salad ????
	Fried Bread, Hash Browns	New Potatoes
	Toast, Croissants, Pain au chocolat

.....	Melon, Grapefruit, Fruit Salad	Chocolate Brownie	
.....	Fresh Fruit / Yoghurts	Fresh Fruit / Yoghurts / Cheese and Biscuits	

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MENU TWO

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DAY	BREAKFAST	LUNCH	DINNER
MONDAY	Porridge Continental Breakfast Sausages Hash Browns Poached Egg Hot Rolls/Toast Marmalade Tea / Coffee	Sweet and Sour Quorn Dippers Roast Pepper and Tomato Pasta Bake Salad Bar	Chilli Con Carne Frankfurter Hotdogs and Onion & Roll Vegetarian Hotdog Salad Bar
		Sweetcorn / Green Beans	Corn on the cob/Mixed Salad French Fries/Rice Churros & Ice Cream
		Rice <i>New Potatoes</i>	Fresh Fruit / Yoghurts / Cheese and Biscuits
		Jam Sponge & Custard	
		Fresh Fruit / Yoghurts / Cheese and Biscuits	
TUESDAY	Yoghurt & Granola Continental Breakfast Bacon Boiled Eggs Baked Beans Hot Rolls/Toast Marmalade Tea / Coffee	Gammon Steak with Honey & Mustard Pasta & Sauce-Tomato or 3 Cheese Sauce Stuffed Mushrooms Salad Bar	Sausage Rolls Roasted Salmon & Café Du Paris Butter Sweet corn Fritters Salad Bar
		Roasted Vegetables	Baked Beans / Peas Fries / <i>New Potatoes</i> Arctic Roll
		Saute Potatoes / <i>New Potatoes</i>	Fresh Fruit / Yoghurts / Cheese and Biscuits
		Fresh Fruit Salad and Cream	
		Fresh Fruit / Yoghurts / Cheese and Biscuits	
WEDNESDAY	Porridge Continental Breakfast Bacon Scrambled Egg Spaghetti Hoops Cinnamon Swirls Hot Rolls/Toast Marmalade Tea / Coffee	Chicken Stir Fry Pasta & Sauce-Tomato Sauce Vegetable Stir Fry Salad Bar	Beef Jalfrezi Sweet & Sticky Chicken Vegetable Curry Salad Bar
		Green Beans/ Baby Corn	Rice/ Raita / Mango Chutney Naan / Peas / Buttered New Potatoes Mango sorbet
		Bakewell Tart and Custard	Fresh Fruit / Yoghurts / Cheese and Biscuits
		Fresh Fruit / Yoghurts / Cheese and Biscuits	
THURSDAY	Yoghurt & Granola Continental Breakfast Sausages/ Kippers Mushrooms Poached Eggs Hot Rolls/Toast Marmalade Tea / Coffee	Battered Fish Creamy Tomato pasta bake Vegetable Pasta Salad Bar	Roast Pork and Apple Sauce Chicken & Mushroom Slice & Gravy Lentil and Vegetable Crumble Salad Bar
		Baked Beans/Mixed Vegetables Chips/New Potatoes	Romanesco/ Leeks Roast Potatoes/ New Potatoes Apple Crumble & Custard
		Chocolate Fudge Cake	Fresh Fruit / Yoghurts / Cheese and Biscuits
		Fresh Fruit / Yoghurts / Cheese and Biscuits	
FRIDAY	Porridge Continental Breakfast Bacon Fried Eggs Grilled Tomatoes Sweet Waffles & Toppings Marmalade Tea / Coffee	Lasagne Basil, Chorizo and Garlic Pasta Vegetable Lasagne Salad Bar	Piri Piri Chicken BBQ Chicken Thighs BBQ Quorn with Vegetables
		Peas / Mixed Salad	Coleslaw/ Corn on the Cob Chips/New Potatoes
		<i>New Potatoes</i>	Fresh Fruit Salad
		Caramel Shortbread	Fresh Fruit / Yoghurts / Cheese and Biscuits
		Fresh Fruit / Yoghurts / Cheese and Biscuits	
SATURDAY	Porridge Continental Breakfast Bacon Scrambled Egg Bagels Hot Rolls/Toast Marmalade Tea / Coffee	Ciabatta Pizza Pasta in 3 Cheese Sauce Vegetable Pasta Salad Bar	Build Your Own Burger Evening BeefBurger plus Bap Cheese Slice Bacon, Fried Onions, Sliced Tomatoes Dill Pickle & Sauces
		Sweetcorn/ Coleslaw	French Fries, Mixed Salad Doughnuts, Fresh fruit Assorted Drinks
		Herby Dice / <i>New Potatoes</i>	
		Fruit Jelly	
		Fresh Fruit / Yoghurts / Cheese and Biscuits	
SUNDAY	House Breakfasts	BRUNCH Bacon, Sausages, Black Pudding Tinned Plum Tomatoes, Baked Beans Poached, Scrambled Eggs	Spaghetti Bolognese Tortellini and Cheese Sauce Mixed Salad/Garlic Bread Jacket Potatoes
		French Toast, Hash Browns Toast, Croissants, Cinnamon Buns Melon, Grapefruit, Fruit Salad	Surprise
		Fresh Fruit / Yoghurts	

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MENU 3

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DAY	BREAKFAST	LUNCH	DINNER
MONDAY	Porridge	Turkey Meatballs and Sweet Chilli Sauce	Mince Beef Pie
	Continental	Pasta Carbonara	Baked Sausages
	Breakfast	Vegetarian Meatballs	Quorne Sausages
	Bacon	Salad Bar	Salad Bar
	Pancakes	Stirfry Vegetables	Peas / Carrots
	Boiled Eggs	Noodles / New Potatoes	Mashed Potatoes / New Potatoes / Gravy
Hot Rolls/Toast	
Marmalade	Apple Crumble & Custard	Rice Pudding	
Tea / Coffee	Fresh Fruit / Yoghurts / Cheese and Biscuits	Fresh Fruit / Yoghurts / Cheese and Biscuits	
TUESDAY	Continental	Breaded Fish	Chicken Kiev
	Breakfast	Pasta Sauce - Tomato and Pesto Cream	Lamb Balti & Garlic & Coriander Naan Bread
	Bacon	Fishless Fish Fingers	Vegetarian Kiev
	Scrambled Egg	Salad Bar	Salad Bar
	Potato Waffles	Baked Beans/Peas	Green Beans / Mixed Vegetables
	Hot Rolls/Toast	Chips/ New Potatoes	Rice / New Potatoes
Marmalade	
Tea / Coffee	Fruit & Icecream	Pineapple Upsidedown Cake	
	Fresh Fruit / Yoghurts / Cheese and Biscuits	Fresh Fruit / Yoghurts / Cheese and Biscuits	
WEDNESDAY	Porridge	Roast Beef and Yorkies/Horseradish Sauce	Donner Kebab Meat
	Continental	Tomato and Roasted Veg Pasta Bake	Sweet and Sour Chicken Nuggets (10 per portion)
	Breakfast	Vegetarian Roast	Vegetarian Nuggets
	Bacon / Kippers	Salad Bar	Salad Bar
	Poached Eggs	Cauliflower and Broccoli Bake / Carrots	Vegetable Medley
	Spaghetti Hoops	Roast Potatoes / New Potatoes	Curly Fries / New Potatoes /Rice
Hot Rolls/Toast	
Marmalade	Chocolate Crostata and Chocolate Fudge Sauce	Angel Delight	
Tea / Coffee	Fresh Fruit / Yoghurts / Cheese and Biscuits	Fresh Fruit / Yoghurts / Cheese and Biscuits	
THURSDAY	Porridge	Sausage and Mash	Spaghetti Bolognese
	Continental	Pasta Sauce - Tomato and Garlic Lemon and Rocket	Tortellini and Sauce
	Breakfast	Alternative to Toad In The Hole	Vegetable Bolognese
	Bacon / Croissants	Salad Bar	Salad Bar
	Mushrooms	Broccoli/Sweetcorn	Roasted Vegetables
	Fried Eggs	Mashed Potatoes/New Potatoes	Roasted New Potatoes / Garlic Bread
Hot Rolls/Toast	
Marmalade	Jelly & Cream	Assorted Cookies	
Tea / Coffee	Fresh Fruit / Yoghurts / Cheese and Biscuits	Fresh Fruit / Yoghurts / Cheese and Biscuits	
FRIDAY	Porridge	Smothered Chicken	Subway
	Continental	Tomato and Basil Pasta	Chicken/Meatball/haloumi (served hot)
	Breakfast	Smothered Quorn Fillets	(V)
	Bacon	Salad Bar	Salad Bar
	Boiled Eggs	Mini Corn on the Cob / Green Beans	Mixed Salad , Potato Salad
	Grilled Tomatoes	Jacket Wedges / New Potatoes	Crisps / Onions / Cheese / Pickles
Hot Rolls/Toast	
Marmalade	Sticky Toffee Pudding and Custard	Assorted Muffins	
Tea / Coffee	Fresh Fruit / Yoghurts / Cheese and Biscuits	Fresh Fruit / Yoghurts / Cheese and Biscuits	
SATURDAY	Porridge	Braised Steak	Dirty Chips
	Continental	Chicken Pie	Chilli, Donner Meat, Curry Sauce
	Breakfast	Vegetarian Pie	Baked Beans/ Cheese/ Bacon Bits
	Bacon	Mashed Potatoes/New Potatoes	Jacket Potatoes
	Eggy Bread	Cauliflower/Green Beans
	Baked Beans
Hot Rolls/Toast	Chocolate Sponge & Chocolate Sauce	Fudge Cakes	
Marmalade	Fresh Fruit / Yoghurts / Cheese and Biscuits	Fresh Fruit / Yoghurts	
Tea / Coffee			
SUNDAY	Breakfast in House	Brunch	Carvery
		Bacon, Sausages, Black Pudding	Gammon/Beef/Turkey
		Grilled Tomatoes, Baked Beans	Vegetable Roularde
		Fried, Scrambled Eggs	Roast Potatoes/New Potatoes
		Fried Bread, Hash Browns	Carrots/Cauliflower Cheese
		Toast, Croissants, Pain au chocolat	
		
	Melon, Grapefruit, Fruit Salad	Fruit Crumble and Custard	
	Fresh Fruit/ Yoghurts		