



In this edition of our newsletter we have included information on keeping children safe when they receive online tutoring, webinars available on the topic of county lines and the risks associated with the popular app TikTok. We would also like to draw your attention to this [policy section](#) of our College website. These policies outline how Wymondham College fulfils its statutory responsibilities in relation to the following:

- Safeguarding and Child Protection
- Prevention of Extremism and Radicalisation
- Online Safety

Finally, we wish you all a happy Christmas and a wonderful New Year

The Safeguarding Team

Who can I contact if I have a safeguarding concern over the Christmas break?

If you have a safeguarding concern for a child living in Norfolk you can do this through the Children's Advice and Duty Service (CADS). The Customer Service Centre can be contacted on: 0344 800 8020.

If you have a safeguarding concern for a child living out of Norfolk, please contact their local MASH (the Multi-Agency Safeguarding Hub). Information on this can be found online.

If you believe a child to be at risk of immediate harm, please call 999.



Panorama - Is TikTok Safe?

Last month, Panorama considered the social media platform 'TikTok' and looked at the risks associated with it. TikTok is extremely popular and has risen in popularity during the lockdown periods of 2020. The programme is half an hour long and is very interesting; it provides a lot of information about the app. The programme can be viewed by the BBC iplayer [here](#).

Online Tutoring - Keeping Children Safe

Every year, private tutors help children catch up with missed work or address areas they are struggling with, or with extra-curricular activities like music. Lockdown has led to major growth in this area, especially online, and this is expected to continue with further bubble and possible school closures.

Anyone can set up as a tutor and there are no registration procedures. They don't even require an Enhanced DBS check.

LGfI has prepared a leaflet supporting parents and carers to select the right tutor, establish clear rules and help the child understand what they should know too. You can find out more and download the guidance leaflet [here](#).

Operation Encompass

Wymondham College continues to take part in a jointly run operation between Norfolk County Council, Norfolk Police and our College called Operation Encompass. Encompass was set-up to help schools to provide support to children who have been present at incidents of domestic abuse & violence. We know that children can be significantly physically or emotionally harmed when they are involved in, present or witness to domestic violence.

The College will receive a confidential phone call from Norfolk Children's Advice and Duty Service before 9am or as soon as possible thereafter on the morning after any domestic incident which Norfolk Police have recorded where a child at their school has been involved in, present or witness to domestic violence.

We have designated Miss Marsh, Miss Booty, Mr McMorrان, Mr Griffiths, Mr Smith, Mr Pointon, Mr Nightingale and Mr Jones as Key Adults. Our Key Adults have received training from Norfolk County Council



to allow them to use the information that has been shared to make sure that the right support is available for children and their families who have been involved in or witnessed a domestic violence incident.

If you have any concerns or questions, then please contact one of the above Key Adults and we will be happy to discuss this further.

County Lines & Gangs – Webinars

If you read our newsletter last half term, you will be aware that Norfolk and Suffolk are now key target areas for 'county lines' which can be highly effective criminal networks supplying drugs across rural areas and criminally exploiting children and young people.

St Giles Trust are running webinars for parents and carers on county lines and gangs. Further information on the contents of the webinars and how to book a place can be found [here](#).

ARE YOU A PARENT OR CARER IN NORFOLK CONCERNED ABOUT COUNTY LINES?

Charity St Giles can help you get informed and aware through a series of upcoming live online sessions with trained professionals.

Click, find out more and register your interest for our sessions:

- 8th December 2020 5-6pm
- 22nd December 2020 5-6pm

St Giles
Turning a past into a future

POLICE & CRIME COMMISSIONER
NORFOLK

The graphic features a woman in a pink sweater smiling and talking to a man in a suit. The background is a blurred indoor setting. The text is overlaid on a yellow and white background.



Are you listening?

Sometimes children and young people won't tell us when they are in trouble. This powerful film, funded by the Violence Reduction Network (VRN) and produced in conjunction with police and partners across Leicestershire, raises awareness of the growing issue 'Child Criminal Exploitation' in the UK. The film acts as a reminder to adults to look closer of what young people might be trying to tell us. The film is 3 minute long and can be found [here](#).

App to be made aware of: Cunch Line Chronicles

This game can be downloaded to play on a phone or other devices and is based on County Lines and drug distribution. There are concerns about its potential influence on vulnerable young people as it uses terms and themes associated with drug running, gang culture and grooming. The aim of the game is to collect and deliver drugs. We would urge parents and carers to be vigilant and speak to their child about the games they are accessing on their devices.

Act Early - Spotting the sign of racialisation and extremism.

Launched in November, The 'Act Early' website intends to support people to identify if their friends and family are being drawn into radicalisation and extremism and provides information on what you can do help and support. You can access the Act Early website [here](#). The Let's Talk About It [website](#) also gives practical help and guidance to the public to stop people becoming involved in or supporting terrorism.

Medical Centre

It is really important for us to know about your child's full medical history. This includes any mental health history. Having this information helps us to understand your child's needs and provide any extra support they may require. Ultimately this helps us to keep your child safe whilst they attend Wymondham College.

It is also very important we know about all medications your child may be taking. This includes both prescribed and non-prescribed medication. We are really keen on enabling children to manage their own medications, so encourage children to be able to self-medicate in house. However, to do this safely we have to know that they are taking medications. It is also important we know about any non-prescribed and complimentary



medications as these may alter how we manage any symptoms or medical conditions your child may have whilst at the college.

If your child is new to the school, there is the option on the admission forms to provide us with this information. However, we encourage parents to contact us at they feel necessary either by **telephone 01953 609207** or **email medical.ad@wymondhamcollege.org** (please note the medical centre is only staffed during term time).

Wellbeing Update

This year it is more important than ever that we as a College community promote positive mental health. We have collectively struggled with two lockdowns and are consistently having to tolerate uncertainty.

I want to emphasise the slogan “**Its Ok not to be OK**” and to encourage students to access support

I would like our community to focus on the 5 ways to Wellbeing:

Connect - Even though it may not be in the same way we all need connection with others!

Be Active - Walk, Run, Cycle, Swim or Dance! Staying active has proven wellbeing benefits for us all.

Take Notice - Have a mindful moment when you can, take in your surroundings, breathe in and out and allow yourself to calm or be still for a moment.

Keep Learning - Try something new, rediscover an old hobby, learn to play an instrument or cook a new dish!

Give - Do something nice for a friend, smile, volunteer for a charity or community group

The Wellbeing team are currently working in collaboration with the HTC and YMCA Mind Matters programme - we are looking to create a student wellbeing “toolkit” that all students can access both in sites around the College and in digital spaces.

We are also hoping to create a logo for our toolkit that is easily recognisable. In the New Year we are hoping to launch the logo and toolkit via our digital World Mental Health day event.

We wish all of you a very Merry Christmas! Stay safe and well and we look forward to seeing you all in 2021!

Rachael Hill - Wellbeing Manager



Finding this winter even harder because of Coronavirus?

We are here to help.

Norfolk County Council's Covid Winter Support scheme can help with:

- Day to day living costs including food & energy bills
- Daily essentials such as toiletries & nappies
- Food vouchers for school holidays

Find out more online or call us now

www.norfolk.gov.uk/covidwintersupport

0344 800 8020

Or visit your local library for help with applying



Contact us today