

# SNYAB Summer Programme 2021

## Free opportunities for young people

Further information can be found at <https://www.snyab.org/> or contact 07778 896325 or email [info@mtmyouthservices.org.uk](mailto:info@mtmyouthservices.org.uk)



Clinks Care Farm	Saturday 10 <sup>th</sup> July Sat 14 <sup>th</sup> August	Clinks Care Farm is a 143-acre farm in Toft Monks. It combines the care of the land with the care of people. Take part in these sessions and enjoy a variety of jobs including <b>animal husbandry, conservation tasks, and market gardening.</b> 12 – 18 year olds.
Quaker Wood	Saturday 24 <sup>th</sup> July Sat 21 <sup>st</sup> August	Quaker Wood is a 5.5 acre site comprising young woodland, open spaces, wildflower meadow, pond and natural areas. Take part in these <b>conservation sessions</b> , carrying out different tasks, so that this area can be enjoyed by all. 11 – 18 year olds
First Aid Course	Monday 26 <sup>th</sup> July	One day course leading to a certificate valid for three years. 12 – 18 year olds
Cookalong	Saturday 31 <sup>st</sup> July Mon 2 <sup>nd</sup> August Tues 3 <sup>rd</sup> August	Online sessions, with a different menu each day. Follow our live demonstrations. 11 – 18 year olds
Drawing and Relaxation	Mon 9 <sup>th</sup> August	Online session learning to draw, and spending some time relaxing and focusing on yourself. 11 – 18 year olds
Crafts and Games	Tues 10 <sup>th</sup> August	Online session playing some games, and making some crafts. 11 – 18 year olds
Thrigby Hall Wildlife Gardens	Friday 13 <sup>th</sup> August Friday 27 <sup>th</sup> August	Day trip to this park with animals and demonstrations 11 – 18 year olds
Whitlingham Adventure	Wed 18 <sup>th</sup> August Wed 25 <sup>th</sup> August	Day of paddleboarding and canoeing. 12 – 18 year olds

**Places are limited so please book as soon as possible.**

**Trips and courses** are open to young people who live in South Norfolk or who are supported by the MTM Young Carers Service.

**Online sessions** are open to all young people.

MTM's regular online programme of Quiz, Wellbeing and Karaoke will continue.

