

MENU 1

(Please note that all choices may not be available to last sitting but there will always be two hot options available and access to second helpings)

BREAKFAST – REFECTORY & LINCOLN	LUNCH – REFECTORY & LINCOLN	DINNER	
		REFECTORY	LINCOLN
MONDAY			
Porridge	Pork Chop with BBQ Sauce	Spicy Beef Korfta	Spicy Beef Korfta
Continental Breakfast	Macaroni Cheese	Chicken Kebab	Chicken Kebab
Bacon	Roasted Veg with BBQ Sauce	Vegetable Kebab	Vegetable Kebab
Fried Eggs	Salad Bar	Salad Bar	Salad Bar
Grilled Tomatoes	New Potatoes	Pitta Bread / Thin Fries	Pitta Bread / Thin Fries
Hot Rolls/ Toast	Green Beans/Sweetcorn	Coleslaw/ Mixed Salad	Coleslaw/ Mixed Salad
Marmalade	Apple Crumble and Custard	Fruit in Jelly	Fruit in Jelly
Tea/Coffee	Fresh Fruit/Yoghurts/Cheese & Biscuits	Fresh Fruit/ Yoghurts/ Cheese & Biscuits	Fresh Fruit/ Yoghurts/ Cheese & Biscuits
Fruit Juices & Water	Fruit Juices & Water	Fruit Juices & Water	Fruit Juices & Water
TUESDAY			
	Tray Bake Pizza	Chilli Con Carne	Chilli Con Carne
Continental Breakfast	Pasta & Sauce – Tomato or Salsa Verde	Jumbo Fish Fingers, Tartare Sauce	Jumbo Fish Fingers, Tartare Sauce
Bacon	Vegetarian Pizza	Vegetable Chilli Con Carne	Vegetable Chilli Con Carne
Boiled Eggs	Salad Bar	Salad Bar	Salad Bar
Pancakes	Wedges / New Potatoes	Broccoli/ Baked Beans	Broccoli/ Baked Beans
Hot Rolls/ Toast	Peas/ Mixed Salad	New Potatoes	New Potatoes
Marmalade	Arctic Roll	Angel Delight	Angel Delight
Tea/Coffee	Fresh Fruit/Yoghurts/Cheese & Biscuits	Fresh Fruit/ Yoghurts/ Cheese & Biscuits	Fresh Fruit/ Yoghurts/ Cheese & Biscuits
Fruit Juices & Water	Fruit Juices & Water	Fruit Juices & Water	Fruit Juices & Water
These vegetables & fruits may change by season			
Desserts	Drinks		

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		REFECTORY	LINCOLN
WEDNESDAY			
Porridge	Roast Chicken and Stuffing	Sausage Meat Pie	Sausage Meat Pie
Continental Breakfast	Tomato and Veg Bake	Lamb Korma	Lamb Korma
Sausage	Veg Roast?	Vegetable Korma	Vegetable Korma
Scrambled Eggs	Salad Bar	Salad Bar	Salad Bar
Bagels	Parsnips/Carrots	Mixed Vegetables	Mixed Vegetables
Hot Rolls/ Toast	Roast Potatoes/ New potatoes	Mashed Potatoes/ Rice	Mashed Potatoes/ Rice
Marmalade	Jam Sponge and Custard	Muffins	Muffins
Tea/Coffee	Fresh Fruit/Yoghurts/Cheese & Biscuits	Fresh Fruit/ Yoghurts/ Cheese & Biscuits	Fresh Fruit/ Yoghurts/ Cheese & Biscuits
Fruit Juices & Water	Fruit Juices & Water	Fruit Juices & Water	Fruit Juices & Water
THURSDAY			
Porridge	Battered Fish, Tartare Sauce	Southern Fried Chicken	Southern Fried Chicken
Continental Breakfast	Pasta & Sauce – Tomato or Mushroom & Mustard	Paella	Paella
Bacon	Vegetable Nuggets	Vegetable Kiev	Vegetable Kiev
Mushrooms	Salad Bar	Salad Bar	Salad Bar
Poached Eggs	Mushy Peas/ Baked Beans	Sweetcorn/Green Beans	Sweetcorn/Green Beans
Hot Rolls/ Toast	Chips/ New Potatoes	New Potatoes	New Potatoes
Marmalade	Strawberry Cheesecake	Iced Buns	Iced Buns
Tea/Coffee	Fresh Fruit/Yoghurts/Cheese & Biscuits	Fresh Fruit/ Yoghurts/ Cheese & Biscuits	Fresh Fruit/ Yoghurts/ Cheese & Biscuits
Fruit Juices & Water	Fruit Juices & Water	Fruit Juices & Water	Fruit Juices & Water
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		REFECTORY	LINCOLN
FRIDAY			
Porridge/ Croissants	Shepards Pie	Chefs Choice	Chefs Choice
Continental Breakfast	Ham Cheese and Pasta Bake		
Bacon	Vegetable Shepards Pie		
Boiled Eggs	Salad Bar		
Kippers/ Tomatoes	Cauliflower and Broccoli Cheese/ Roast Leeks		
Hot Rolls/ Toast	New Potatoes		
Marmalade	Chocolate Sponge and Chocolate Sauce		
Tea/Coffee	Fresh Fruit/ Yoghurts/ Cheese & Biscuits		
Fruit Juices & Water	Fruit Juices & Water	Fresh Fruit/ Yoghurts/ Cheese & Biscuits	Fresh Fruit/ Yoghurts/ Cheese & Biscuits
		Fruit Juices & Water	Fruit Juices & Water
SATURDAY			
Porridge	Braised Sausages and Onions	Gammon and Fried Egg	Gammon and Fried Egg
Continental Breakfast	Bolognaise Pasta Bake	Cheese and Onion Quiche	Cheese and Onion Quiche
Bacon	Vegetable Sausages and Onion	Salad Bar	Salad Bar
Eggy Bread	Salad Bar	Grilled Tomatoes/ Sweetcorn	Grilled Tomatoes/ Sweetcorn
Spaghetti Hoops	Cabbage/ Roasted Courgettes	Saute Potatoes	Saute Potatoes
Hot Rolls/ Toast	Mashed Potatoes/ New Potatoes	New Potatoes	New Potatoes
Marmalade	Chocolate Brownie	Belgian Waffles and Ice Cream	Belgian Waffles and Ice Cream
Tea/Coffee	Fresh Fruit/ Yoghurts/ Cheese & Biscuits	Fresh Fruit/ Yoghurts/ Cheese & Biscuits	Fresh Fruit/ Yoghurts/ Cheese & Biscuits
Fruit Juices & Water	Fruit Juices & Water	Fruit Juices & Water	Fruit Juices & Water
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		REFECTORY	LINCOLN
SUNDAY			
House Breakfasts	Roast Beef and Yorkshire Puddings	Scampi and Tartare Sauce	Scampi and Tartare Sauce
	Alternative to Roast?	Meat and Veg Pasty	Meat and Veg Pasty
		Vegetable Pasty	Vegetable Pasty
	Salad Bar	Salad Bar	Salad Bar
	Roast Vegetables / Carrots	Peas/ Baked Beans	Peas/ Baked Beans
	Roast Potatoes/ New potatoes	Curley Fries/ New Potatoes	Curley Fries/ New Potatoes
	Pineapple Upside Down and Custard	Fruit Salad and Cream	Fruit Salad and Cream
	Fresh Fruit/Yoghurts/Cheese & Biscuits	Fresh Fruit/ Yoghurts/ Cheese & Biscuits	Fresh Fruit/ Yoghurts/ Cheese & Biscuits
	Fruit Juices & Water	Fruit Juices & Water	Fruit Juices & Water
These vegetables & fruits may change by season			
Desserts	Drinks		